



# ROOM DIRECTORY

**Hello and welcome to the  
ROC HÔTEL !**

**We are glad to welcome  
you and wish you a  
pleasant stay.**

**For your comfort, we  
remain at your disposal 24  
hours a day.**

**L'équipe du ROC HÔTEL**

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# Hours



## RECEPTION (07.30 - 20.00)

You can talk to us at **the desk** or dial 9 on your room's phone.



## BREAKFAST (07.30 - 10.30)



## BAR (07.30 - 22.00)

At night, please reach the watchman (call 9).



## REINIGUNGSSERVICE (09.00 - 13.00)

**Housekeeping**, please allow access to the maid before noon. Put the green sign on the door handle.



# Room



**Wi-Fi: Roc Hotel\*\*\*\***  
**Pass: Zenith83**



## AIR CONDITIONING / HEATING



Please use the remote control only . A snowflake sign stands for **air conditioning** mode, a sun means **heating** mode.



## HOW TO BLOCK YOU WINDOW

You can safely leave your **windows half-open** by blocking them with the latch. Latches from ground floor rooms must be locked with the special key on your keyring.



# Room



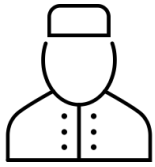
## ALARM

**Wake up call:** please ask the reception if you wish to have an alarm clock set up on your room's phone.



## SAFE

A **safety-deposit box** with code or with keys (key on your keychain) is in your closet.



# Reception



**Ask at the reception for:** touristics information, your luggage, adapters, restaurant reservations, ...



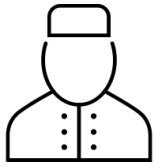
## TAXI

For your transfers to the train station or the airport, you can ask the reception (tel 9). Caution! Remember to book your **cab** several days in advance.

## MAIL



While you are away, the reception will take **your messages**. You can leave us your mail, the postman shows up around at 10am (not on Sundays).



# Reception



**At your disposal at the reception**



## FOR ADULTS

Board games, activity book, postcards for sale, beach towel, microwave, disposable toothbrush and razor set ....

**We are at your service for any request you might have.**



## FOR CHILDREN

Beach accessories for **children**, high chairs and **baby** baths. Microwave available.





# Check-out



## CHECK-OUT

Check-out time is 11 a.m. on the day of departure. If you wish to extend your stay please contact the reception before 10 a.m.



## INVOICE

Invoices are send by email on the day of check-out. If you are leaving before 07.30 a.m., please pay the balance in the evening before, prior to 07 p.m.

**Accepted cards**



**VISA**



# Check-out



## LUGGAGE AND LOCKER

You can leave your luggage on your arrival or before your departure. A shower is also available if you want to leave after a day at the beach.



# IMPORTANT INSTRUCTIONS



**DON'T LET ANY VALUABLES ITEMS IN YOUR CAR**

**LOCK YOUR ROOMS**

**COOKING IN THE ROOMS IS FORBIDDEN**



# Useful numbers



To call outside, dial 0 then the desired telephone number



S.O.S doctors

+33 4 94 14 33 33



TOURIST OFFICE

+33 4 94 00 40 50



Toulon/Hyères Airport

+ 33 8 25 01 83 87



All-night drugstore

32 37\*



Gendarmerie

+33 4 94 71 11 92



Saint-Clair first aid station

+33 6 03 84 29 04



SAMU

15



Local police

+33 4 94 05 91 02



Firefighters

18



# TV



<b>1</b>	<b>TF1</b>	<b>21</b>	<b>L'Équipe 21</b>
<b>2</b>	<b>France 2</b>	<b>22</b>	<b>6 Ter</b>
<b>3</b>	<b>France 3</b>	<b>23</b>	<b>RMC Story</b>
<b>4</b>	<b>Canal +</b>	<b>24</b>	<b>RMC Découverte</b>
<b>5</b>	<b>France 5</b>	<b>25</b>	<b>Chérie 25</b>
<b>6</b>	<b>M6</b>	<b>26</b>	<b>LCI</b>
<b>7</b>	<b>Arte</b>	<b>27</b>	<b>France Info</b>
<b>8</b>	<b>C8</b>	<b>28</b>	<b>Canal + Cinéma</b>
<b>9</b>	<b>W9</b>	<b>29</b>	<b>Canal + Sport</b>
<b>10</b>	<b>TMC</b>	<b>30</b>	<b>Var Azur</b>
<b>11</b>	<b>TFX</b>	<b>37</b>	<b>RTL Television</b>
<b>12</b>	<b>NRJ 12</b>	<b>38</b>	<b>RTL2</b>
<b>13</b>	<b>LCP</b>	<b>39</b>	<b>Super RTL</b>
<b>14</b>	<b>France 4</b>	<b>40</b>	<b>Vox</b>
<b>15</b>	<b>BFM TV</b>	<b>41</b>	<b>Nitro</b>
<b>16</b>	<b>C News</b>	<b>42</b>	<b>N-TV</b>
<b>17</b>	<b>C Star</b>	<b>44</b>	<b>Eurosport Deutschland</b>
<b>18</b>	<b>Gulli</b>	<b>46</b>	<b>BBC 2</b>
<b>20</b>	<b>TF1 Séries Films</b>	<b>47</b>	<b>CBBC</b>



# Breakfast



**breakfast is free for guests that booked direct**

**1/ roomservice (15 € /person)**

**- 1 hot drink**

**tea:** with milk or with lemon

**coffee :** black or with milk

**hot chocolate**

**+ 1 cold drink : fruit juice**

**+ 1 croissant, french bread, butter, jam  
and honey**

**+ 1 savoury or sweet accompaniment**

**2/ buffet breakfast at the bar**

**(18 € /person)**



# Breakfast



breakfast is free for guests that booked direct



from 7:30 at 10:30 am



to order please call 9



Please put your tray in the corridor when you are done. For groundrooms, we pick-up the tray directly from your terrace table.



# Le ROC Plage



## barwise...



**from 7:30 to 22:00**

Outside these hours, drinks can be taken to your rooms or to common areas. At night please contact the watchman who can provide bottled drinks.



**The bar offers**

drinks (with or without alcohol), salads from the caterer, ice creams, appetizer boards.

## LES BOISSONS CHAUDES

Café expresso, noisette, deca	2,40 €
Capuccino , chocolat	4,50 €
Double express, café au lait	4,00 €
This: vert, vert menthe, earl grey, Darjeeling, rooibos	4,00 €
Infusions : Tilleul, verveine	4,00 €
Croissant	1,50 €
Petit déjeuner buffet jusqu'à 10h30	18,00 €
Petit déjeuner express :	9,00 €
Boisson chaude, jus d'orange, pain, croissant, beurre, confiture	

## LES RAFRAICHISSEMENTS

Sirop à l'eau	3,00 €
Coca, Coca zero, Orangina, Schweppes,	
Schweppes agrumes, Ice Tea, Perrier : 33cl	4,00 €
Jus de fruits Pago(20cl) : ACE, abricot, fraise, tomate	4,00 €
Jus de fruits Andros) : orange, pomme, ananas	4,00 €
Fruit pressé : orange, citron	6,50 €
Café frappé, thé frappé	5,50 €
Eaux minérales : 50cl gazeuse ou plate	3,50 €
Eaux minérales : 100cl gazeuse ou plate	5,00 €

## APÉRITIFS

Pastis 51, Ricard	4,50€
Blanc -cassis (12cl), Picon bière 25cl	6,00 €
Martini (rouge, blanc, dry) Campari, Porto, Muscat, Suze (8cl)	6,00 €
Campari orange (campari 8cl + jus d'orange)	7,00 €

## LES BIERES

Blonde Pression	25cl	4,00 €	50cl	7,00 €
Leffe Pression	25cl	4,50 €	50cl	8,00 €
Picon bière	25cl	4,50 €		
Heineken (33cl)		6,00 €		
Desperados		8,00 €		
Bière sans alcool		6,00 €		



### ALCOOLS ET LIQUEURS

Marc de Provence, Cognac, Rhum (Blanc), Calvados, Get 27, Whisky, Gin, Vodka, Tequila, Armagnac, (5cl)	10,00 €
Whisky 12 ans d'âge (5cl)	13,00 €

### LES VINS DE PROVENCE

Côtes de Provence A.O. P	Bouteille 75cl	Verre de vin 12cl
Vin du moment	20 €	5,50€
PAS DU CERF	32 €	6,00€
Château Jasson	40 €	7,50 €
Château Valentine	40 €	7,50 €
Pichet Côtes de Provence A.O.P	25cl 8.00 €	50cl 15.50 €

### LES CHAMPAGNES

Coupe de Champagne (10cl)	12,00 €
Coupe de Champagne- cassis	14,00 €
Bouteille de Champagne MUMM A.O. P 75cl	90,00 €

### LES COCKTAILS

Spritz (10cl)	12,00 €
Hugo Spritz, Gin Tonic, Martini Gin, Americano Mojito, Cuba libre...	14,00 €

### LES EN-CAS

Yaourts ou compotes	2,50 €
Les glaces cornet ou bâton	3,50 €
Les glaces enfant	3,00 €



# Le ROC Plage beachwise...



**From 8:00 to 19:00**

Closure in the event of bad weather

**Private beach service is not included in the room rate. If you want a sunbed at the beach but you have not booked it simultaneously with the room, please contact reception!**



**Discount for hotel guests (-15%)**

**€ 24** / day for 1 person

**€ 32** / day for 2 persons



# We care for our planet



Even during holidays, act eco-friendly !



Our staff ensures rational use of cleaning products, saving water and electricity, waste treatment, etc.

We can salvage your batteries, newspapers and magazines, glass or plastic bottles....

You can charge your electric vehicle at the hotel.



# We care for our planet



## **Towel arrangement:**

Towels on the towel bar means: you keep your towels.

In the bathtub, shower or on the floor, means: please replace them.

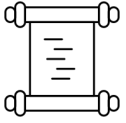


## **Air conditioning:**

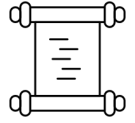
When switched on: close your bay window.

Maximum: 8°C difference between indoor and outdoor temperature (ex: 32°C outside = 24°C inside)

In your absence close your double curtains.



# A little history...

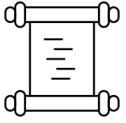


When he created the **ROC HÔTEL** in 1954, **Jules Auguste Prosper MERIC** was not a newcomer to the profession.

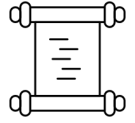


With foresight, he quickly understood the interest of this pretty land located on the rocks, sheltered from the blows of east winds, at the end of Saint-Clair beach. He built a small nine-room hotel that he runs as a family with his wife, his son and his daughter-in-law.

In 1973, **Claude and Danielle MERIC** decided to transform the **ROC HÔTEL**: the modest original building disappeared in favor of a more modern and comfortable establishment with twenty-one rooms.



# A little history...

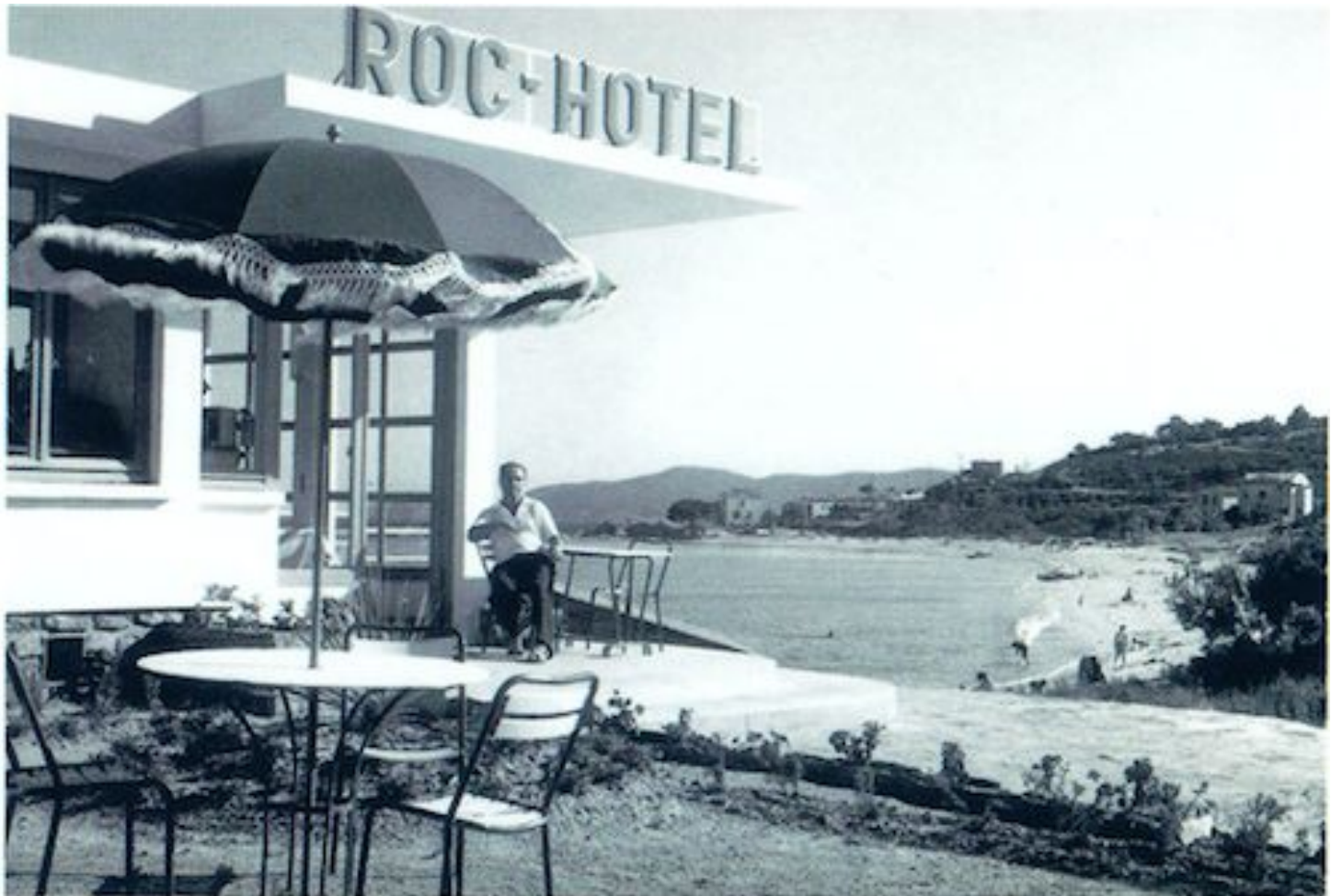
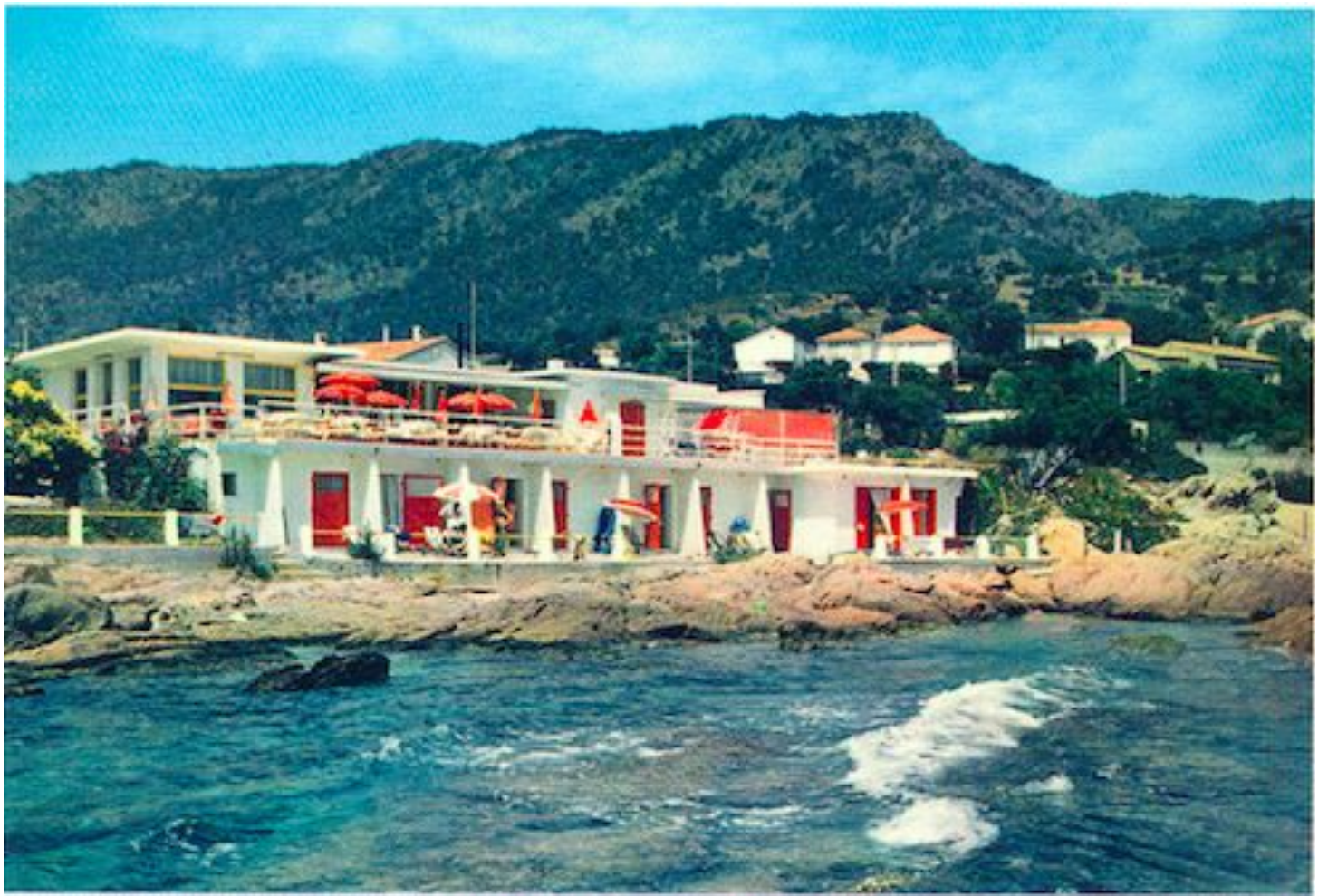


**In 1981, the vast restaurant room gave way to five additional bedrooms.**



Then with the new century, other transformations are planned: the ROC HÔTEL expands by four more rooms and offers a brand new private beach service.

**Today**, continuing the family adventure, their daughter Sophie is at the head of the establishment, leaving her parents to enjoy a well-deserved retirement.



**Merci !**